## **GURU NANAK COLLEGE**

## Jhajra, Dehradun

(Approved by AICTE, New Delhi, Affiliated to Sri Dev Suman Uttarakhand University)

Ref. No: GNC/PO.0066 Date:09.12.2024

## **NOTICE**

Dear Students, Faculty, and Staff,

This is to inform you that that **Guru Nanak College**, **Jhajra**, **Dehradun**, has appointed a Student Counselor to provide support and guidance on academic, personal, and emotional issues faced by students.

The appointed Student Counselor, **Dr. Nidhi Chatterjee**, will be available to assist students with the following:

- 1. **Academic Concerns**: Guidance on time management, study techniques, and academic stress management.
- 2. **Personal Issues**: Support for students facing personal difficulties, including relationship issues, family problems, and mental well-being.
- 3. **Career Counseling:** Guidance on career choices, internships, job search strategies, and future academic plans.
- 4. **Emotional Support:** Confidential counseling for students dealing with stress, anxiety, and other emotional challenges.

## **Counseling Services Details:**

- ✓ **Name of Student Counselor**: Dr. Nidhi Chatterjee
- ✓ **Availability:** Monday to Friday, 10:00 AM to 4:00 PM
- ✓ **Location:** Counseling Room, Block b1,
- **✓** Contact Information:
- ✓ Contact Information: Email: nidhichaterjee@gnc.edu.in, Phone: 9760977657

Appointments can be scheduled by directly visiting the counselor's office or via email/phone. All counseling sessions will be confidential, and students are encouraged to seek help without hesitation.

We encourage all students to take advantage of this valuable service, which is aimed at ensuring their well-being and success both academically and personally.

Principal Guru Nanak College Jhajra, Dehradun, Uttarakhand